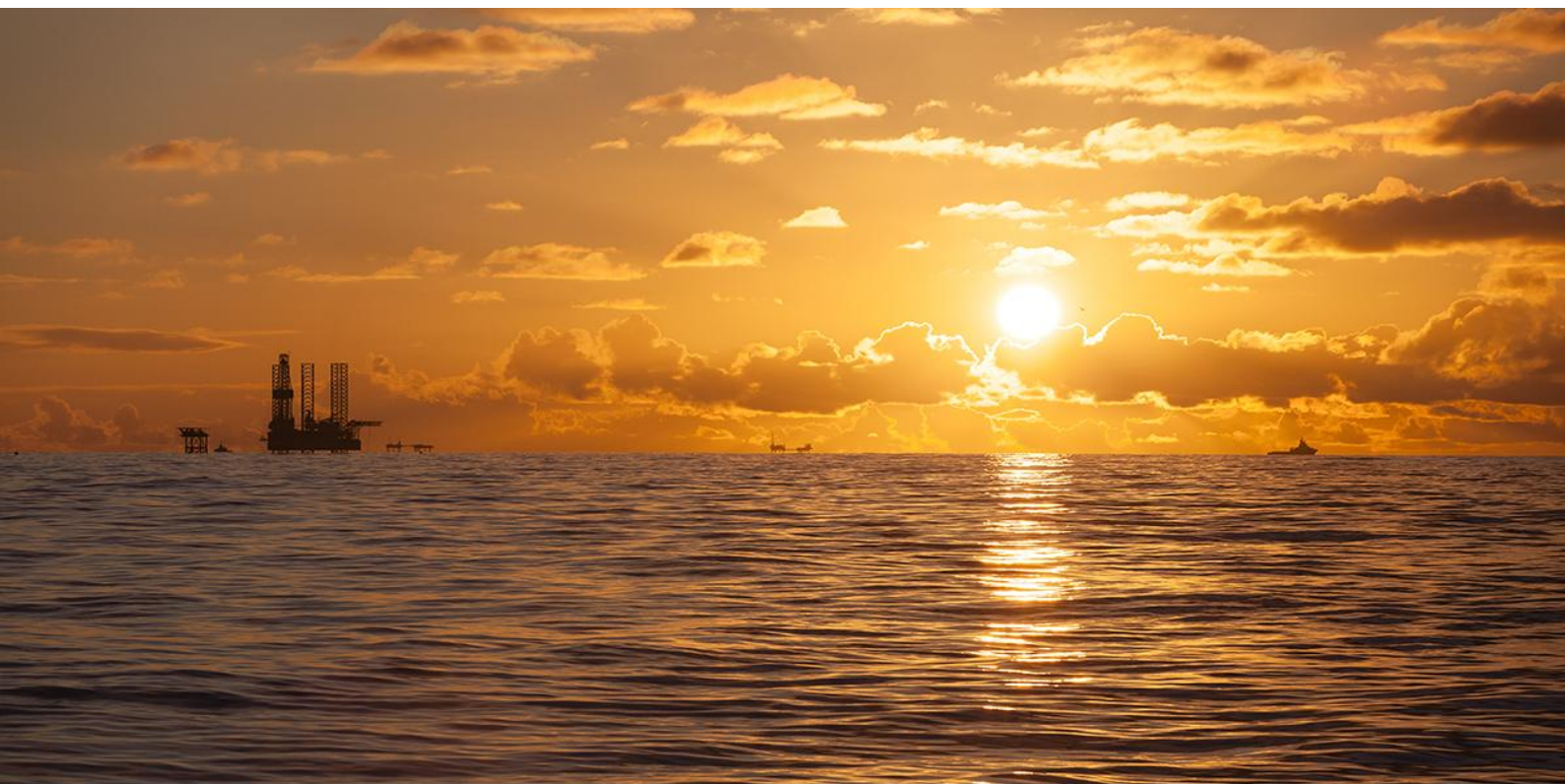


# Industry Guideline for First Aid Training on the Danish Continental Shelf

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**DANSK**  
**OFFSHORE**

## Document control

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## 1. Acknowledgements

This Guideline has been developed by the Dansk Offshore First Aid Training Workgroup for the operators and suppliers on the Danish continental shelf to adopt a common standard on First Aid training of offshore personal.

The guideline has been approved by the Dansk Offshore HSE Committee representatives from the following companies and organisations:

- INEOS Energy DK
- TotalEnergies
- BlueNord
- Semco Maritime
- NorSea Group
- Altrad

This guideline is a support to the individual company training department and procedures for offshore training and it is up to each operator and supplier to implement this guideline. The industry employees should always familiarize themselves with the rules applicable in their company.

In addition to all those who provided comments during the development process, Dansk Offshore would like to acknowledge the contributions made by members of the workgroup who undertook the review of this guideline.

These are included representatives from the following companies and organisations:

- INEOS Energy DK
- TotalEnergies

## 2. Introduction

### 2.1 Purpose of the Industry Guideline for First Aid Training

Dansk Offshore seeks to ensure a high first aid safety training standard and this guideline shall be seen as a part of this.

This Guideline applies to all fixed and mobile oil and gas installations in the Danish sector of the North Sea.

This Guideline describes the content of the First Aid Safety training to be allowed to be part of the emergency preparedness on offshore installations.

This Guideline is intended for all those involved in the oil and gas industry, including oil and gas companies, rig owners/operators and suppliers.

### 2.2 The Regulatory Frame

§ 34 stk. 4 of the Offshore Safety Act 833 (shown below in Danish) outlines the requirement for First Aid training on offshore installations.

*Link: <https://www.retsinformation.dk/eli/Ita/2018/833>*

## 3. Philosophy

The guideline has been developed due to a high degree of uniformity and bridged first aid training between offshore stakeholders in the Danish sector of the North Sea.

## 4. Framework

This guideline is a supplement to the policies and procedures for First Aid safety training in individual companies.

### 4.1 Operators

It is for operators to identify all the initiatives required to implement the first aid safety training guideline effectively.

Duty Holders should ensure that information related to the content of this guideline be conveyed to all relevant stakeholders such as Service-/supplier Companies and other visitors on offshore installations.

# 5. First Aid Safety Training

## 5.1 Learning objectives

At the end of the course the participants will:

- Have an understanding of the risks and hazards present in an offshore environment
- Have knowledge of means of stabilising and evacuation of a casualty
- Be able to demonstrate understanding of the importance of carrying out First Aid in a safe and sound manner, in accordance with the legislative requirements of their geographic location and according to European Resuscitation Council (ERC).
- Be able to identify symptoms of serious and minor injuries related to the human body
- Be able to demonstrate understanding and correct order of management in an emergency situation on an offshore installation
- Be able to demonstrate correct use of lifesaving first aid using the Primary Survey DR C-A-B-C-D-E (assessing and treating danger, response, catastrophic bleeding, airway, breathing, circulation, disability, and exposure)
  - Danger: Ensure the area is safe and protect your own safety before approaching the casualty.
  - Response: Assess the level of consciousness by speaking to the person and gently touching them.
  - Catastrophic Bleeding: Immediately control any massive, life-threatening external bleeding.
  - Airway: Check and secure a clear airway.
  - Breathing: Check whether the person is breathing normally and assess the need for ventilation or oxygen.
  - Circulation: Assess circulation (pulse, skin condition, signs of shock) and treat as required.
  - Disability: Perform a brief neurological assessment (AVPU, pupils, level of consciousness).
  - Exposure: Examine for additional injuries and protect the casualty from cold and environmental hazards.
- Be able to demonstrate correct CPR
- Be able to demonstrate correct use of an Automatic External Defibrillator (AED)
- Be able to demonstrate correct use of Ordinary First Aid and conduct the Secondary Survey, which is a detailed assessment of the injured person's condition once they have been stabilised.

- Be able to demonstrate correct use of First Aid equipment in a First Aid scenario

## 5.2 Validity of the Certificate

The First Aid Safety training validity is 4 years for the the Danish Continental Shelf.

## 5.3 Bridging of North Sea First Aid training

In the NOIA collaboration the work of bridging first aid training is described in the document "Guidelines for Mutual Recognition of Specialised Safety and Emergency Response Training for North Sea Operations"

Link: <https://danskoffshore.dk/offshore-sikkerhedstraening/>

## 5.4 Verification

The company whose employees participate in the course is responsible for ensuring that the course adheres to the provided Industry Guideline for First Aid Training.